

WEEK 12 THE JEDI CODE

“World betterment through self-betterment” – Opie McLeod
(K.S Trout)

“Much to learn... you still have” – Yoda

Over the next six weeks we will revisit the Jedi Code. For anyone familiar with the Jedi, the Jedi Code is no mystery. The Jedi Code represents an ideal. Through training, application, and effort the Jedi would arrive at a state of peace, serenity, harmony, knowledge, and conscious connection to the Force. Ultimately the Jedi sought to bring balance to the Force and transcend to it, to benefit all living things. This is the reason why you are here, to improve yourself so that you can help improve others and ultimately create a better world for all.

The Jedi Code was inspired by the Star Wars movies and books, particularly in “Empire Strikes Back” where Yoda teaches Luke Skywalker to be a Jedi. The Code was also mentioned in the “Phantom Menace”. It first appeared as a “Code” in role playing games and was embraced by the online Jedi Community and over time underwent an evolution. Originally the Jedi Code contained four lines and then a fifth was added. The final version as widely accepted is the Jedi Code:

There is no Emotion; there is Peace

There is no Ignorance; there is Knowledge

There is no Passion; there is Serenity

There is no Chaos; there is Harmony

There is no Death; there is the Force

The Jedi Code represents the foundation of Jedi Philosophy as described in the books “Jedi Circle” and “Exploring the Jedi Lifestyle” by Kevin Trout (Opie McLeod).

Today the Jedi Path is alive and well and is best represented at its purist and simplest form by the Jedi Code. The Jedi Code as it exists today bridges the divide between the fictional world created by George Lucas and the real world which we all live daily, with our human needs, desires, hopes, fears, strengths, and faults.

The Jedi Code provides the foundation for a philosophy, a recipe for thought and action that can be applied regardless whether a person is religious, agnostic or atheist, gay or straight, rich, or poor. Regardless of race or social status. All that is required is a simple willingness to learn, study, train and apply and most of all to change.

Like many tenets of Buddhism and Taoism application of the Jedi Code can over time bring change to the way a person thinks, speaks, and acts and lead him or her to self-betterment and ultimately world betterment.

Take the week to familiarise (or refamiliarize) yourself with the Jedi Code. Really study the lines of the code. Ask what they mean to you right now and how can you apply them in your life. Over the coming weeks we will explore each of the lines in turn. They will form part of the foundation of the coming weeks and months meditations and training. Jedi Philosophy ultimately returns to its core, the Jedi Code.

Never stop studying, never stop learning. You will never learn enough.

DAY 78

“There is no Emotion; there is Peace”

Today I am Grateful for:

Morning Contemplation

Evening Reflection

DAY 79

“There is no Ignorance; there is Knowledge”

Today I am Grateful for:

Morning Contemplation

Evening Reflection

DAY 80

“There is no Passion; there is Serenity”

Today I am Grateful for:

Morning Contemplation

Evening Reflection

DAY 81

“There is no Chaos; there is Harmony”

Today I am Grateful for:

Morning Contemplation

Evening Reflection

DAY 82

“There is no Death; there is the Force”

Today I am Grateful for:

Morning Contemplation

Evening Reflection

DAY 83

“You still have much to learn, my young apprentice.” – Qui-Gon Jinn

Today I am Grateful for:

Morning Contemplation

Evening Reflection

DAY 84

“Much to learn you still have” – Yoda

Today I am Grateful for:

Morning Contemplation

Evening Reflection

WEEK REVIEW

Reflect on your daily practices and personal goals for the week.
How did you do? Where can you refocus your attention?

Meditation:

Physical Exercise:

Diplomacy:

Awareness:

Self-Discipline:
