

## WEEK 42 RECKLESSNESS

*“It is not necessary to always strike the first blow, to provide the first solution, or to reach a goal before anyone else does. In fact, it is sometimes vital to strike the last blow, to give the final answer, or to arrive after everyone else.”*– Jedi Master Wiwa

*“Conquer Recklessness”* – Jedi Academy Training Manual

Recklessness can be a trait that carries benefits. Risk takers sometimes bet more than they should and put everything on the line without regard for the consequences if they fail. Luck turns in their favor and they win big. People admire them for their “Devil may care” attitude and “living on the edge” attitude to wealth and success. If no one gets hurt what is the harm?

The Jedi who charges into the fray Lightsaber flashing as it deflects laser bolts might come out alive and succeed in the mission but was the act selfless bravery or reckless? Obi-wan Kenobi was always in control and measured in battle as well as fearless but unlike Anakin he was never recklessly rushing in. Combat was the last option for Kenobi, and he chose his battles.

A Jedi Master who is present and calm in a sea of chaos will avoid reacting and rushing headlong into a situation without first deciding whether the course of action is the right one. Intuitive people tend to listen to their gut and react to instinct. The course of action “felt right” at the time is often heard. Feelings are feelings and nothing more. They may be right, or they may be wrong. Impulse to act may be powerful but the smarter choice may be to hold back, observe, evaluate, and assess and then act.

The former Navy Seal, writer, and motivational speaker Jocko Willink believes that a good leader will push to the extremes, be aggressive and rush forward to meet the enemy without being reckless. The reckless fail to plan and the smart plan to win. Live life with purpose and intent. Conquer recklessness, put down the Lightsaber but always keep it in easy reach.

**DAY 288**

*“Reckless he is. Matters are worse.” - Yoda*

Today I am Grateful for:


Morning Contemplation


Evening Reflection


**DAY 289**

*“I don’t mind flying but what you are doing is suicide” – Obi-wan Kenobi to Anakin*

**Today I am Grateful for:**


**Morning Contemplation**


**Evening Reflection**


**DAY 290**

*“Why do I think you are going to be the death of me?!”* – Obi-wan Kenobi to Anakin

Today I am Grateful for:


Morning Contemplation


Evening Reflection


**DAY 291**

*“You're reckless, little one. You never would have made it as Obi-wan's Padawan. But you might make it as mine....”*—  
Anakin (to Ahsoka Tano)

Today I am Grateful for:


Morning Contemplation


Evening Reflection


**DAY 292**

*“Adventure. Heh! Excitement. A Jedi craves not these things.  
You are reckless!” - Yoda*

Today I am Grateful for:

Morning Contemplation

Evening Reflection

**DAY 293**

*“So was I (reckless), if you remember.”*– Obi-Wan Kenobi (to Yoda)

Today I am Grateful for:


Morning Contemplation


Evening Reflection


**DAY 294**

*“If you end your training now — if you choose the quick and easy path as Vader did — you will become an agent of evil.”—*

Yoda

**Today I am Grateful for:**


**Morning Contemplation**


**Evening Reflection**




## WEEK REVIEW

Reflect on your daily practices and personal goals for the week.  
How did you do? Where can you refocus your attention?

Meditation:


Physical Exercise:


Diplomacy:


Awareness:


Self-Discipline:
